

Culture Café meetings on following Fridays and Mondays from 12:15 to 13:15 at Copper Pot Café:

FRIDAY September 4th

-WELCOME CAFÉ

-Introductions and background, where do you live and why are you here? What are your goals and expectations?

-Short trivia about the United Kingdom and its culture and traditions.

-Introduction to the International Visit to Beamish on 12.9

MONDAY September 14th

-Durham, your new hometown

-Where to find products and Services, how to register to health services?

-Student discounts, Bargains to be had, Cheap eats

FRIDAY September 25th

-The World's biggest Coffee Morning! COFFEE AND CAKE! (Talk about Charities and Charitable causes)

-What do in Durham, museums, libraries, sport, sport centres, and swimming pools. Hobbies and activities (River Walk, Botanical Gardens and Oriental Museum, Castle and Cathedral, music)

-Transport and Cheap days out, nearby places to visit (Transport to Newcastle, metro day, visiting beaches/ car boot sales, volunteering on a beach clean? Bamburgh, Bowes Museum)

MONDAY October 5th

-WORLD TEACHERS' DAY (any stories about teachers and the impact they have had in your life?)

-British Culture, Traditions and Celebrations (compared to your own - Tea/ Chai/ Bubble Tea...)

- British customs and behaviour
- Introduction to the International trip to York on October 10th

FRIDAY October 16th

- WORLD FOOD DAY – talk about British food and food traditions versus those in your country (similarities/ differences?)
- Celebration foods (England, Scotland, Wales)
- Sharing recipes?

FRIDAY October 23rd

- HALLOWEEN CAFÉ – Brunch?
- (-Traditions and beliefs around the world?)
- Half term plans?

MONDAY November 2nd

- NATIONAL STRESS AWARENESS WEEK – HOW ARE YOU COPING? HOW TO MANAGE STRESSFUL SITUATIONS?
- What bugs you?
- (-Guy Fawkes Day on 5th – Firework displays)

MONDAY November 16th

- Beat the (Winter) Blues – external speaker (TBC)
- Alternatively:
- Ways to relax/ walk to nature reserve/ Relaxing crafts – share a skill
 - Introduction of the International Visit to Edinburgh on November 21st

FRIDAY November 27th

- What British customs you like/ dislike/ have adopted?

- Has it been as you expected? What is different?
- What have you learned about living in a different culture?
- What do you miss the most?

MONDAY December 7th

- Christmas in your country
- Christmas Lights switched on, Xmas markets around Durham
- Christmas foods and traditions
- (-Christmas Craft?)
- [Durham Cathedral Christmas Tree Festival](#) in the Cathedral Cloisters
- Introduction of the International trip to Gala Theatre's Christmas Panto (Punch and Judy!)

FRIDAY December 18th

- XMAS CAFÉ! -Christmas cookies and hot chocolate
- Reflecting on the Autumn term at NCD
- your Christmas plans